

**Moose on the Loose 2026**  
**Adventure Girls Racing, Inc.**  
**Mandatory Gear List**



**ADVENTURE GIRLS RACING**

**Mandatory/Full Time Team Gear**

- ☐ Waterproof map case or other means to keep maps and instructions dry
- ☐ Cell Phone - Fully Charged for Emergencies; No GPS Navigation
- ☐ Pen or Marker
- ☐ Water Purification Method - method to purify water for entire team
- ☐ First Aid Kit: Anti-Diuretic, Anti-Acid, Bandage Wrap, Gauze, Antibiotic Ointment, Acetaminophen, NSAID, Medical Tape, Blister Care Supplies, Medical Gloves
- ☐ Fire Starting Method
- ☐ Watch - for tracking time, no GPS or smart watches, unless using a Garmin in AR mode
- ☐ Maps, Race Rules, Rules of Travel - Provided to you by the Race Organization

**Mandatory/Full Time Individual Gear**

- ☐ Whistle
- ☐ Magnetic Compass
- ☐ Pack
- ☐ Means to carry liquid - 1L Minimum
- ☐ **Something that is blaze/bright orange to be worn on the top half of the body...it is bear hunting season and we want racers as visible as possible, especially on when on foot!!**
- ☐ Appropriate Clothing for Weather
- ☐ Food & Electrolytes for duration of event
- ☐ Waterproof jacket - with hood, sealed or taped seams...ultralight, water-resistant 3 oz. jackets do not satisfy this requirement
- ☐ Warm hat - poly-pro or similar, something to keep heat in if you are wet, not a cotton baseball cap
- ☐ Long pants/tights
- ☐ Long sleeve shirt

**Mandatory Biking Gear**

- ☐ Mountain Bike or Hybrid recommended, per racer
- ☐ Bike Helmet, per racer
- ☐ Flashing Red Rear Bike Light, per racer

**Mandatory Paddling Gear**

*Race management will provide canoes (multi-person teams) or kayaks (solo only), paddles, and PFDs. You may choose to bring your own paddles and PFDs.*

- ☐ Canoe/Kayak - provided, per team
- ☐ PFD - Type I, II, or III, per racer
- ☐ Paddle - per racer
- ☐ Bag or means to secure paddle gear together (if you choose to bring your own paddle gear, labeled with team #)

### **Recommended Full Time Gear**

- ☐ Permethrin, Deet, etc.
- ☐ Map Wheel
- ☐ Chamois Cream Lube
- ☐ Sunscreen
- ☐ Sunglasses
- ☐ Dry Bag
- ☐ Extra Clothing
- ☐ Duct Tape

### **Recommended Bike Gear**

- ☐ Bike Locks - means to secure all team bikes...there are some unmanned bike drops, use your discretion
- ☐ Bike Pump/CO<sub>2</sub>
- ☐ Bike Bottles; Liquid Nutrition
- ☐ Cycling Odometer - No GPS
- ☐ Basic Bike Repair Kit with Chain Tool
- ☐ Spare Tube(s)/Patch Kit
- ☐ Bike Gloves

### **Recommended Paddling Gear**

- ☐ Canoe Seat - for three person teams
- ☐ Dry Bag